

Restaurante
Luz del Mar

Soups

<i>Zucchini soup with a cream of cheese</i>	4,80 €
<i>Mustard soup with roasted maize croutons</i>	4,50 €
<i>Carrot soup with Pernod foam</i>	4,30 €
<i>"Canarian Stew"</i>	4,90 €

Salad

<i>Small mixed salad with avocado and cheese</i>	6,50 €
<i>Salad "Los Silos" with avocado, ham, egg and cheese dressing</i>	7,90 €
<i>Tropical salad with pinapples, Papaya änd nuts</i>	8,50 €
<i>Salad with fried goat cheese and pine nuts</i>	7,50 €
<i>Tomato salad with tuna, egg and grated cheese</i>	8,60 €

<i>Dish of the day for kids</i>	5,50 €
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Appetizers

<i>Octopus a la "Gallega"</i>	9,50 €
<i>Grilled Rice-Blood sausage</i>	8,40 €
<i>Peppers stuffed with cod</i>	8,20 €
<i>Baked goat cheese with sesame and apricot sauce</i>	6,50 €
<i>Shrimps in garlic</i>	10,50 €

Pasta and vegetarian Dishes

<i>Pasta with roasted mushrooms and herb creme sauce</i>	9,00 €
<i>Pasta with beef strips and vegetables</i>	11,50 €
<i>Pasta with seafood of the region on garlic and herbs</i>	12,50 €
<i>Gratinated vegetable Lasagne with bechamel-cheese sauce</i>	8,50 €
<i>Vegetable gratin</i>	8,50 €

Fish

<i>Baked salmon with spinach sauce and boiled potatoes</i>	<i>12,80 €</i>
<i>"Suprema de rosada" with shrimps in green sauce and pasta</i>	<i>14,80 €</i>
<i>Grilled fish filet "de Fogonero" in shell-cilantro sauce</i>	<i>13,50 €</i>
<i>Grilled sea bass with saffron-pine nut-mojo and potatoes</i>	<i>15,30 €</i>
<i>Duet of roasted turbot with shrimp and rucola pesto and fried polenta</i>	<i>17,70 €</i>
<i>Grilled dorada with salad, potatoes and mojo sauce</i>	<i>13,90 €</i>

Meat

<i>Beef with a marmelade of onions and fig, saffron potatoes and zucchini</i>	<i>16,70 €</i>
<i>Braised pork "Iberico" on mashed potatoes, pepper sauce y ratatouille</i>	<i>14,50 €</i>
<i>Sirloin steak with fried onions and fried potatoes</i>	<i>13,50 €</i>
<i>Roasted duck breast with curry sauce, fried rice, pineapple and almonds</i>	<i>15,80 €</i>
<i>Rabbit "Salmorejo" with green beans and canarian potatoes</i>	<i>12,60 €</i>
<i>Veal chop with Roquefort cheese, fried pasta and ratatouille</i>	<i>14,50 €</i>

Dessert

<i>Panacotta with red fruits</i>	4,80 €
<i>Cheese Parfait with palm-honey and red cherry</i>	4,80 €
<i>Creme Brulée of citrus fruits and almond ice cream</i>	5,50 €
<i>„Luz del Mar“ - Triología</i>	6,80 €
<i>Chocolate fondant with vanilla ice cream</i>	5,50 €
<i>Apple pie with rice milk cream</i>	4,50 €
<i>Dessert of the day</i>	3,50 €

